

# **Mental Health**

## **Bereavement Counseling**

### **BEVERLY HOSPITAL Kelpian Center**

1920 W. Whittier Blvd.  
Montebello, CA 90640

(323) 725-1519      Service/Intake (Message/Answering Service)

PROGRAM/ELIGIBILITY	The agency provides life problems counseling to youth and their families in Los Angeles County. Services include alcoholism and drug counseling, bereavement counseling, family life counseling, teen pregnancy counseling and truancy counseling. It also provides free pregnancy tests and helps process Healthy Families applications. There are no geographic restrictions.
LANGUAGES OTHER THAN ENGLISH	Spanish
APPLICATION PROCEDURE	Call the 24-hour message service and leave a message. The agency will call back within 24 hours to set up an appointment.
HOURS	Monday through Friday, 8:30am to 5:00pm.
FEES/PAYMENT SOURCE	Fees are set on a sliding scale that ranges from \$5 to \$20. No-one is turned away due to lack of funds.

### **CANDLELIGHTERS OF PASADENA**

69 N. Catalina Ave.  
Pasadena, CA 91106

(626) 793-5626      Service/Intake

PROGRAM/ELIGIBILITY	This is a support service for parents who have lost or who have had children diagnosed with cancer or other life threatening chronic or terminal diseases or whose children of any age have died from illness or accident. The agency also works with young children whose parents are dying. Services include individual counseling, telephone counseling and crisis intervention, group presentations, and support services for families including those who are dealing with the sudden death of a child. The program serves residents of Los Angeles and Orange Counties. There are no geographic restrictions.
LANGUAGES OTHER THAN ENGLISH	None
APPLICATION PROCEDURE	Call for information; an answering service takes messages for a return call.
HOURS	Hours vary.
FEES/PAYMENT SOURCE	Services are set on a sliding scale from \$30 to \$200; private insurance is accepted. First session is free.

## **COMFORTING HEARTS**

19325 E. Navilla Pl.  
Covina, CA 91723  
(626) 308-8222

### **Service/Intake and Hotline**

PROGRAM/ELIGIBILITY	The organization provides grief support for parents who have lost a child, regardless of age or circumstance. Services include bereavement counseling, mutual support groups and volunteer opportunities. Bereavement counseling is provided by telephone. There are no geographic restrictions.
LANGUAGES OTHER THAN ENGLISH	Spanish
APPLICATION PROCEDURE	Call the hotline for service or walk in to a support group meeting.
HOURS	The hotline operates Monday through Sunday, 24 hours per day. The support group meets the 3rd Monday of each month, 7:00pm to 9:00pm.
FEES/PAYMENT SOURCE	There are no fees for services.

## **FAMILY SERVICE OF POMONA VALLEY**

436 W. 4<sup>th</sup> St., Ste. 215  
Pomona, CA 91766  
(909) 620-1776

### **Service/Intake and Administration**

PROGRAM/ELIGIBILITY	<p>The program provides life problems counseling primarily for people who live in Claremont, Diamond Bar, La Verne, Phillips Ranch, Pomona, Rowland Heights, San Dimas, and Walnut. Services include a child abuse treatment and prevention program, an employee counseling assistance program, parenting classes and a school outreach program. There are no geographic restrictions.</p> <p>Counseling sessions cover a variety of concerns and problems such as premarital issues, marital difficulties, family communication, parent-child conflict, child abuse, adjustments of childhood and adolescence, depression, grief and bereavement, anxiety and stress.</p>
LANGUAGES OTHER THAN ENGLISH	Spanish
APPLICATION PROCEDURE	Call for an appointment.
HOURS	Monday through Thursday, 8:00am to 9:00pm; Saturday, 9:00am to 1:00pm.
FEES/PAYMENT SOURCE	Fees are based on a sliding scale that ranges from \$30 to \$84. Military and private insurance are accepted

**FOOTHILL FAMILY SERVICE**

118 S. Oak Knoll Ave.  
Pasadena, CA 91101  
(626) 795-6907      Service/Intake

PROGRAM/ELIGIBILITY	The program provides life problems counseling services for people of all ages who live in the San Gabriel Valley and surrounding areas. In addition, it provides employee assistance program counseling services.  The program provides individual, conjoint, family and group counseling services to help people cope with problems and concerns of living as well as specific crises. The focus of therapy may include pre-marital issues; marital problems; parent/child conflicts; children's problems in school; parenting issues; domestic violence; child abuse; sexual assault; or issues related to terminal illness, grief and loss.
LANGUAGES OTHER THAN ENGLISH	Armenian, Cantonese, Korean, Mandarin, Spanish
APPLICATION PROCEDURE	People may call to make an appointment.
HOURS	Monday through Thursday, 8:30am to 9:00pm; Friday, 8:30am to 5:00pm. People who call before or after these hours reach an answering service, and may leave a message.
FEES/PAYMENT SOURCE	Counseling fees are on a sliding scale from \$25 to \$85 per session. Low-income families dealing with child abuse issues, pay no fee or pay on a sliding scale from \$0 to \$80. Medi-Cal is accepted for children and teens.

**FOOTHILL FAMILY SERVICE  
West Covina Office**

1720 W. Cameron, #100  
West Covina, CA 91790  
(626) 338-9200      Service/Intake

PROGRAM/ELIGIBILITY	The program provides life problems counseling services for people of all ages who live in the San Gabriel Valley and surrounding areas. In addition, it provides employee assistance program counseling services.  The program provides individual, conjoint, family and group counseling services to help people cope with problems and concerns of living as well as specific crises. The focus of therapy may include pre-marital issues; marital problems; parent/child conflicts; children's problems in school; parenting issues; domestic violence; child abuse; sexual assault; or issues related to terminal illness, grief and loss.
LANGUAGES OTHER THAN ENGLISH	Armenian, Cantonese, Korean, Mandarin, Spanish
APPLICATION PROCEDURE	People may call to make an appointment.
HOURS	Monday through Thursday, 8:30am to 9:00pm; Friday, 8:30am to 5:00pm. People who call before or after these hours reach an answering service, and may leave a message.
FEES/PAYMENT SOURCE	Counseling fees are on a sliding scale from \$25 to \$85 per session. Low-income families dealing with child abuse issues, pay no fee or pay on a sliding scale from \$0 to \$80. Medi-Cal is accepted for children and teens.

**GRIEF RECOVERY INSTITUTE EDUCATIONAL FOUNDATION, INC.**

P.O. Box 6061-382  
Sherman Oaks, CA 91413  
(818) 907-9600      Service/Intake and Administration

PROGRAM/ELIGIBILITY	The program provides grief counseling to anyone in the United States who has experienced a recent or past loss from death, divorce, etc. The hotline staff are trained to assist callers deal with feelings associated with loss. The service educates callers that grief is a normal and natural reaction to loss. Staff also provides suggestions for long-term recovery. There are no geographic restrictions.
LANGUAGES OTHER THAN ENGLISH	None
APPLICATION PROCEDURE	Call for service.
HOURS	Monday through Friday, 9:00am to 5:00pm PST.
FEES/PAYMENT SOURCE	There are no fees for service.

**HOSPICE OF PASADENA, INC. VOLUNTEER AND COUNSELING SERVICES**

100 W. California St.  
Pasadena, CA 91105  
(626) 397-3600      Service/Intake

PROGRAM/ELIGIBILITY	The program provides death and dying services for people of all ages in the San Gabriel Valley. Services include counseling for both the dying and those who are bereaved (including youth), errand running/shopping assistance, friendly visiting, home visits to provide emotional and practical support and information regarding hospice services in Los Angeles County. Counseling is available in group, family or individual modalities. Services are restricted to San Gabriel Valley residents. The program does not provide medical or housekeeping services, but all other needs are considered.
LANGUAGES OTHER THAN ENGLISH	None
APPLICATION PROCEDURE	Call to apply.
HOURS	Monday through Friday, 9:00am to 5:00pm.
FEES/PAYMENT SOURCE	There are no fees for services.

## **INTERCHURCH COUNSELING CENTER**

6725 Friends Ave., Rm. 223

Whittier, CA 90601

(562) 698-1272

Service/Intake

PROGRAM/ELIGIBILITY	The center provides life problems counseling for people of all ages in Los Angeles County. Services include general counseling, premarital counseling, bereavement counseling, adolescent/youth counseling, pastoral counseling, divorce counseling, marriage counseling, parenting skills development, and anger management. The agency uses an interdisciplinary approach to social, emotional, and spiritual health by combining the perspectives of psychotherapists, ministers and physicians in a comprehensive range of counseling services. Short and long term psychotherapy is also available for people who have a need for more intensive ongoing assistance. Psychiatric consultation is available to monitor medication for center clients, when necessary. There are no geographic restrictions.
LANGUAGES OTHER THAN ENGLISH	Spanish; parenting skills development and anger management is provided in English only.
APPLICATION PROCEDURE	Call to apply; an appointment is required. People who are in crisis can contact a counselor via pager when the office is not staffed.
HOURS	Monday through Friday, 9:00am to 9:00pm. Evening services are available.
FEES/PAYMENT SOURCE	Fees are set on a sliding scale based on income and range from \$35 to \$90 per session; lower fees available for low-income Whittier residents or qualified low income applicants as grants are available. Private insurance is accepted.

## **TRI-CITY MENTAL HEALTH CENTER – ADMINISTRATION**

### **Tri-City Mental Health Center – Service Site**

2008 N. Garey Ave.

Pomona, CA 91767

(909) 623-6131

Service/Intake

PROGRAM/ELIGIBILITY	The agency provides a variety of mental health outpatient services for people of all ages who live in Claremont, La Verne or Pomona. Services are provided from two locations. Services include adolescent/youth counseling, counseling for dual diagnosis, general counseling services, in-person crisis intervention, mental health evaluation, parenting skills development, psychiatric case management, psychiatric day treatment, psychiatric disorder counseling, a psychiatric mobile response team, and support groups for bereaved individuals. There are no geographic restrictions.
LANGUAGES OTHER THAN ENGLISH	Spanish; counseling, psychiatric evaluations and day treatment are available in some Asian languages.
APPLICATION PROCEDURE	Call or walk in for crisis intervention services, for information about day treatment or for an appointment. Counseling clients are given psychological testing.
HOURS	Monday and Thursday, 8:30am to 9:00pm; Tuesday and Wednesday, 8:30am to 6:00pm; Friday, 8:30am to 5:00pm. The crisis team is available at the facility Monday through Thursday, 8:30am to 9:00pm; it is on call for emergency response after-hours, and Friday through Sunday, 24 hours per day.  The day treatment program operates services Monday through Thursday, 9:00am to 2:30pm, and Friday, 9:00am to 12:00 noon.
FEES/PAYMENT SOURCE	Fees are set on a sliding scale. Medi-Cal, Medicare and private insurance are accepted.

## **Divorce Counseling**

### **ANGELES COMMUNITY COUNSELING CENTER**

248 E. Foothill Blvd.  
Monrovia, CA 91016

(626) 932-1000      Service/Intake

**PROGRAM/ELIGIBILITY**

The agency provides individual, conjoint, family, and group counseling for people of all ages who live, primarily, in the San Gabriel Valley. It also provides a training program for MFT trainees and interns and continuing education opportunities for mental health professionals in the area.

The counseling services address a wide range of stresses, adjustments, and crises that people may experience in living. These may include adjustments to changes in relationships, parenting, health, and work which may include premarital issues or re-marriage and step-parenting; recovery from divorce, loss, substance abuse, co-dependency, and the effects of incest and child abuse; and distress which is experienced as low self-esteem, depression, anxiety, dissatisfaction with work, sexual dysfunction, phobias, eating disorders, substance abuse, marital conflict, and child custody disputes. People may be seen in a combination of modalities to assist them to gain insight into the events in their past that may contribute to current problems, to learn alternate ways of dealing with feelings and problems, and to explore their options in various areas for the future. In addition, the agency offers a number of personal enrichment programs which include parenting classes and group therapy for teens and for adults.

**LANGUAGES OTHER THAN ENGLISH**

None

**APPLICATION PROCEDURE**

People may call for information and to arrange an intake appointment. People may also call for information about the internship program and the continuing education workshops.

**HOURS**

Monday through Friday, 8:00am to 10:00pm; Saturdays, 8:00am to 6:00pm; Sundays and other times by appointment only. Messages may be left through an answering service; calls are returned within 24 hours.

**FEES/PAYMENT SOURCE**

Counseling fees are on a sliding scale based on family income; the range is from \$20 to \$80 per session. Private insurance is accepted. Lower fees can be arranged for group therapy. No one is turned away because of inability to pay. Interns pay a fee for participating in the training program. There may be fees for workshops for professionals.

### **FULLER PSYCHOLOGICAL AND FAMILY SERVICES**

180 N. Oakland Ave.  
Pasadena, CA 91101

(626) 584-5555      Service/Intake

**PROGRAM/ELIGIBILITY**

The clinic provides Christian-oriented life problems counseling for people of all ages. It serves children and youth age infancy to 18 who have mild to severe behavioral, learning or emotional problems and their families; and adults age 18 and older who for a wide range of life problems. The clinic is a training center for Fuller Theological Seminary School of Psychology clinical psychology and marriage and family graduate students. There are no geographic restrictions.

Services for children and youth include psychological and learning disorder assessment; individual, family, and group counseling; and work with the parents and coordination with other involved agencies, as needed, to ensure understanding and consistency in dealing with the child's difficulties. The services for adults include individual, conjoint, family and group counseling. The focus of treatment may include but is not limited to marital problems, stress management, domestic violence, alcohol-related concerns and premarital counseling.

**LANGUAGES OTHER THAN ENGLISH**

Japanese, Spanish

**APPLICATION PROCEDURE**

Call or walk in to make an appointment.

**HOURS**

Intake hours are Monday through Friday, 8:00am to 5:00pm; weekday evening and Saturday morning appointments are available.

**FEES/PAYMENT SOURCE**

Fees are set on a sliding scale starting from \$30 to \$100.

## **INTERCHURCH COUNSELING CENTER**

6725 Friends Ave., Rm. 223

Whittier, CA 90601

(562) 698-1272      Service/Intake

PROGRAM/ELIGIBILITY	The center provides life problems counseling for people of all ages in Los Angeles County. Services include general counseling, premarital counseling, bereavement counseling, adolescent/youth counseling, pastoral counseling, divorce counseling, marriage counseling, parenting skills development, and anger management. The agency uses an interdisciplinary approach to social, emotional, and spiritual health by combining the perspectives of psychotherapists, ministers and physicians in a comprehensive range of counseling services. Short and long term psychotherapy is also available for people who have a need for more intensive ongoing assistance. Psychiatric consultation is available to monitor medication for center clients, when necessary. There are no geographic restrictions.
LANGUAGES OTHER THAN ENGLISH	Spanish; parenting skills development and anger management is provided in English only.
APPLICATION PROCEDURE	Call to apply; an appointment is required. People who are in crisis can contact a counselor via pager when the office is not staffed.
HOURS	Monday through Friday, 9:00am to 9:00pm. Evening services are available.
FEES/PAYMENT SOURCE	Fees are set on a sliding scale based on income and range from \$35 to \$90 per session; lower fees available for low-income Whittier residents or qualified low income applicants as grants are available. Private insurance is accepted.

## **PARTNERS IN RECOVERY**

686 E. Union St.

Pasadena, CA 91101

(626) 577-5131      Service/Intake and Administration

PROGRAM/ELIGIBILITY	<p>The program provides life problems counseling for people of all ages who live in the San Gabriel Valley. People who have major types of mental illness who are on medication are evaluated on an individual basis. Staff can work with very young children; however, they are usually seen in a family or parent-child context. There are no geographic restrictions.</p> <p>The program provides individual and group counseling on a wide range of issues. The focus of treatment may include family communication, parent-child conflict, marital problems, premarital issues, bereavement, divorce, adjustments of childhood and adolescence, and co-dependency.</p>
LANGUAGES OTHER THAN ENGLISH	Spanish
APPLICATION PROCEDURE	Call for an appointment. Staff cannot accommodate walk-ins. Minors must have parental consent to participate.
HOURS	Intake hours are Monday through Friday, 8:00am to 9:00pm; evening and Saturday appointments are available.
FEES/PAYMENT SOURCE	There is a \$25 to \$90 fee for the initial intake interview. Fees for individual, conjoint and family counseling are set on a sliding scale that ranges from \$25 to \$90 per session; fees for group counseling range from \$25 to \$50 per session. Private insurance is accepted and some no-fee intake and assessments are available.

## **Marriage Counseling**

### **ANGELES COMMUNITY COUNSELING CENTER**

248 E. Foothill Blvd.  
Monrovia, CA 91016

(626) 932-1000      Service/Intake

**PROGRAM/ELIGIBILITY**

The agency provides individual, conjoint, family, and group counseling for people of all ages who live, primarily, in the San Gabriel Valley. It also provides a training program for MFT trainees and interns and continuing education opportunities for mental health professionals in the area.

The counseling services address a wide range of stresses, adjustments, and crises which people may experience in living. These may include adjustments to changes in relationships, parenting, health, and work which may include premarital issues or re-marriage and step-parenting; recovery from divorce, loss, substance abuse, co-dependency, and the effects of incest and child abuse; and distress which is experienced as low self-esteem, depression, anxiety, dissatisfaction with work, sexual dysfunction, phobias, eating disorders, substance abuse, marital conflict, and child custody disputes. People may be seen in a combination of modalities to assist them to gain insight into the events in their past that may contribute to current problems, to learn alternate ways of dealing with feelings and problems, and to explore their options in various areas for the future. In addition, the agency offers a number of personal enrichment programs which include parenting classes and group therapy for teens and for adults.

**LANGUAGES OTHER THAN ENGLISH**

None

**APPLICATION PROCEDURE**

People may call for information and to arrange an intake appointment. People may also call for information about the internship program and the continuing education workshops.

**HOURS**

Monday through Friday, 8:00am to 10:00pm; Saturdays, 8:00am to 6:00pm; Sundays and other times by appointment only. Messages may be left through an answering service; calls are returned within 24 hours.

**FEES/PAYMENT SOURCE**

Counseling fees are on a sliding scale based on family income; the range is from \$20 to \$80 per session. Private insurance is accepted. Lower fees can be arranged for group therapy. No one is turned away because of inability to pay. Interns pay a fee for participating in the training program. There may be fees for workshops for professionals.

### **ARCADIA PRESBYTERIAN CHURCH**

#### **Counseling Center**

121 Alice St.  
Arcadia, CA 91006

(626) 574-0712

(626) 445-1078

Message/Answering Service (Outreach Counseling Intake)

Message/Answering Service (Lay Counseling Intake)

**PROGRAM/ELIGIBILITY**

The church provides mental health services for people who live in Arcadia, Duarte, Monrovia, San Gabriel, Sierra Madre and Temple City. Services include general counseling for adults, adolescents and children; and pastoral counseling services. There are no geographic restrictions.

The counseling center provides individual, conjoint and family counseling services in a supportive Christian environment for adults, adolescents and children. People need not be affiliated with the church to apply. Substance abuse counseling is available. Services are not provided for people dealing with any type of psychosis.

**LANGUAGES OTHER THAN ENGLISH**

None

**APPLICATION PROCEDURE**

Call for an appointment.

**HOURS**

The church office is staffed Monday through Friday, 9:00am to 5:00pm; evening appointments are available.

**FEES/PAYMENTS SOURCE**

Fees are set on a sliding scale for MFCC therapist services. For services with Lay Counselors the maximum donation is \$15.



## **TRI-CITY CHILDREN AND FAMILY CENTER**

790 E. Bonita Ave.  
Pomona, CA 91766  
(909) 447-3400

Service/Intake and Administration

PROGRAM/ELIGIBILITY	<p>The program provides mental health services for people of all ages who live in Claremont, La Verne and Pomona. Services are targeted, but not restricted, to the Spanish-speaking CalWORKs recipient community. Services are restricted to residents of Claremont, La Verne and Pomona.</p> <p>The services include individual conjoint, family, and group therapy, psychiatry, case management, and medication evaluation if necessary. The focus of the treatment may be on a variety of concerns and problems that range from marital difficulties, family communication, parent-child conflict, and adjustments of childhood or adolescence to child abuse including sexual abuse, depression and anxiety. A day treatment program for children, adolescents and pre-teens up to age 18 is also available for Spanish-speaking people. In some instances staff may provide services in the client's home. In addition, the agency provides parenting classes for people who want to develop and enhance positive parenting skills and can assist clients to link with other community resources when appropriate. All services are available in both English and Spanish.</p>
LANGUAGES OTHER THAN ENGLISH	Spanish
APPLICATION PROCEDURE	People may call or walk in to arrange a counseling appointment or for information about the agency's outreach or community education programs.
HOURS	Monday through Thursday, 8:00am to 8:00pm; Friday, 8:00am to 5:00pm.
FEES/PAYMENT SOURCE	There are small fees for most of the education and outreach services. Counseling fees are on a sliding scale from \$0 based on client income and family size. Proof of CalWORKs enrollment is required. Medi-Cal and MediCare are accepted.

## **CLINEBELL INSTITUTE, THE Claremont United Methodist Church**

211 W. Foothill Blvd.  
Claremont, CA 91711  
(909) 624-7130

Service/Intake

PROGRAM/ELIGIBILITY	The center provides Christian-oriented life problems counseling. Concerns addressed include grief, depression, self-esteem, communication, pre-marital, marital stress, and spiritual issues. There are no geographic restrictions.
LANGUAGES OTHER THAN ENGLISH	Korean
APPLICATION PROCEDURE	Call for an appointment.
HOURS	Monday through Friday, 8:30am to 5:00pm; some evening appointments are available.
FEES/PAYMENT SOURCE	Fees are based on a sliding scale ranging from \$40 to \$100 depending on the financial resources of the family. There are a certain number of fees below \$40, private insurance accepted.

## **EAST VALLEY COMMUNITY HEALTH CENTER**

420 S. Glendora Ave.  
West Covina, CA 91790  
(626) 919-3402      Service/Intake

PROGRAM/ELIGIBILITY	The center provides life problems counseling for people of all ages who live, primarily, in the East San Gabriel Valley. Services include individual, family, and group counseling for a variety of issues like premarital concerns, marital conflict, divorce, family communication, parent-child problems, child or spouse abuse, sexual assault including incest, grief or depression. Counselors may utilize play therapy with younger children; the focus of current groups varies with client need. The agency does not provide counseling for people whose primary problem is alcohol or drug abuse. There are no geographic restrictions.
LANGUAGES OTHER THAN ENGLISH	Spanish
APPLICATION PROCEDURE	Call to apply; an appointment is required.
HOURS	The center is staffed Monday through Thursday, 8:30am to 7:00pm; Friday, 9:00am to 2:00pm. Call for an appointment or for information about walk-in services. Some services are available on Saturday by appointment.
FEES/PAYMENT SOURCE	There are fixed fees for services; fees are cash based. Initial intake is \$15; fees are based on a sliding scale starting at \$10 to \$65.

## **FAMILY COUNSELING SERVICES OF WEST SAN GABRIEL VALLEY**

314 E. Mission Rd.  
San Gabriel, CA 91776  
(626) 285-2139      Service/Intake

PROGRAM/ELIGIBILITY	<p>The agency provides life problems counseling for people of all ages who live in Los Angeles County. Services include individual, conjoint, family, and group counseling; child abuse treatment; and parenting groups. The agency primarily serves people live or work in Alhambra, Baldwin Park, El Monte, Monterey Park, Rosemead, San Gabriel, South El Monte, South San Gabriel or Temple City; however, there are no geographic restrictions.</p> <p>People may apply who are dealing with a wide variety of problems and concerns, which may include a court order, premarital issues, marital problems, parent-child conflict, family communication, and adjustments of childhood or adolescence. Other services include outreach to the schools and a community education program, services for pregnant teens and parenting skills development.</p>
LANGUAGES OTHER THAN ENGLISH	Cantonese, Korean, Mandarin, Spanish, Taiwanese
APPLICATION PROCEDURE	People may call or walk in to apply for counseling services. Emergency intake may be arranged by telephone if a clinician is available. Applicants are asked to bring proof of income.
HOURS	Monday through Friday, 9:00am to 9:00pm; Saturday, 10:00am to 12:00 noon. Parenting classes are ongoing.
FEES/PAYMENT SOURCE	Fees are set on a sliding scale that ranges from \$15 to \$110; private insurance is accepted.

**FAMILY SERVICE OF POMONA VALLEY**

436 W. 4<sup>th</sup> St., Ste. 215

Pomona, CA 91766

(909) 620-1776

Service/Intake and Administration

**PROGRAM/ELIGIBILITY**

The program provides life problems counseling primarily for people who live in Claremont, Diamond Bar, La Verne, Phillips Ranch, Pomona, Rowland Heights, San Dimas, and Walnut. Services include a child abuse treatment and prevention program, an employee counseling assistance program, parenting classes and a school outreach program. There are no geographic restrictions. Counseling sessions cover a variety of concerns and problems such as premarital issues, marital difficulties, family communication, parent-child conflict, child abuse, adjustments of childhood and adolescence, depression, grief and bereavement, anxiety and stress.

**LANGUAGES OTHER THAN ENGLISH**

Spanish

**APPLICATION PROCEDURE**

Call for an appointment.

**HOURS**

Monday through Thursday, 8:00am to 9:00pm; Saturday, 9:00am to 1:00pm.

**FEES/PAYMENT SOURCE**

Fees are based on a sliding scale that ranges from \$30 to \$84. Military and private insurance are accepted.

**INTERCHURCH COUNSELING CENTER**

6725 Friends Ave., Rm. 223

Whittier, CA 90601

(562) 698-1272

Service/Intake

**PROGRAM/ELIGIBILITY**

The center provides life problems counseling for people of all ages in Los Angeles County. Services include general counseling, premarital counseling, bereavement counseling, adolescent/youth counseling, pastoral counseling, divorce counseling, marriage counseling, parenting skills development, and anger management. The agency uses an interdisciplinary approach to social, emotional, and spiritual health by combining the perspectives of psychotherapists, ministers and physicians in a comprehensive range of counseling services. Short and long term psychotherapy is also available for people who have a need for more intensive ongoing assistance. Psychiatric consultation is available to monitor medication for center clients, when necessary. There are no geographic restrictions.

**LANGUAGES OTHER THAN ENGLISH**

Spanish; parenting skills development and anger management is provided in English only.

**APPLICATION PROCEDURE**

Call to apply; an appointment is required. People who are in crisis can contact a counselor via pager when the office is not staffed.

**HOURS**

Monday through Friday, 9:00am to 9:00pm. Evening services are available.

**FEES/PAYMENT SOURCE**

Fees are set on a sliding scale based on income and range from \$35 to \$90 per session; lower fees available for low-income Whittier residents or qualified low income applicants as grants are available. Private insurance is accepted.

## **INLAND VALLEY DRUG AND ALCOHOL RECOVERY SERVICES**

### **Pomona Office**

375 S. Main St., Ste. 111

Pomona, CA 91766

(909) 622-7311      Service/Intake

PROGRAM/ELIGIBILITY	The program provides life problems counseling for people who live in the Pomona and San Gabriel Valleys. There are no geographic restrictions. Services include individual, conjoint, family, and group counseling for a wide range of problems. The focus of counseling may be on issues such as family communication, parent-child conflict, marital problems, adjustments of childhood or adolescence, sexual abuse, specific crises, or other problems of living. The counseling is 12-step oriented.
LANGUAGES OTHER THAN ENGLISH	Spanish
APPLICATION PROCEDURE	Call for an appointment.
HOURS	Monday through Friday, 9:00am to 5:00pm.
FEES/PAYMENT SOURCE	Fees are based on a sliding scale that begins at \$25; private insurance is accepted.

## **PARTNERS IN RECOVERY**

686 E. Union St.

Pasadena, CA 91101

(626) 577-5131      Service/Intake and Administration

PROGRAM/ELIGIBILITY	<p>The program provides life problems counseling for people of all ages who live in the San Gabriel Valley. People who have major types of mental illness who are on medication are evaluated on an individual basis. Staff can work with very young children; however, they are usually seen in a family or parent-child context. There are no geographic restrictions.</p> <p>The program provides individual and group counseling on a wide range of issues. The focus of treatment may include family communication, parent-child conflict, marital problems, premarital issues, bereavement, divorce, adjustments of childhood and adolescence, and co-dependency.</p>
LANGUAGES OTHER THAN ENGLISH	Spanish
APPLICATION PROCEDURE	Call for an appointment. Staff cannot accommodate walk-ins. Minors must have parental consent to participate.
HOURS	Intake hours are Monday through Friday, 8:00am to 9:00pm; evening and Saturday appointments are available.
FEES/PAYMENT SOURCE	There is a \$25 to \$90 fee for the initial intake interview. Fees for individual, conjoint and family counseling are set on a sliding scale that ranges from \$25 to \$90 per session; fees for group counseling range from \$25 to \$50 per session. Private insurance is accepted and some no-fee intake and assessments are available.

**SANTA ANITA FAMILY SERVICE**  
**Senior Center – San Gabriel**  
 324 S. Mission Dr.  
 San Gabriel, CA 91776  
 (626) 308-2822      Service/Intake

PROGRAM/ELIGIBILITY	<p>The agency provides life problems counseling primarily for people who live in the San Gabriel Valley. Services are provided from three locations and include family life education, life problems counseling and parenting education services. Geographic restrictions apply for some services.</p> <p>The agency provides anger management, individual, conjoint, family, and group counseling for people of all ages. The focus of treatment may be on a wide variety of concerns including pre-marital issues, marital problems, family communication, parent-child conflict, adjustments of childhood or adolescence, life crises or transitions, and interpersonal difficulties like anxiety or depression.</p>
LANGUAGES OTHER THAN ENGLISH	Spanish
APPLICATION PROCEDURE	Call for information or an appointment.
HOURS	Monday through Thursday, 9:00am to 9:00pm.
FEES/PAYMENT SOURCE	Fees are based on a sliding scale and range from \$5 to \$100; private insurance is accepted. No one is turned away because of the inability to pay.

**SANTA ANITA FAMILY SERVICE**  
**Santa Anita Family Service – Covina**  
 716 N. Citrus Ave.  
 Covina, CA 91723  
 (626) 966-1755      Service/Intake

PROGRAM/ELIGIBILITY	<p>The agency provides life problems counseling primarily for people who live in the San Gabriel Valley. Services are provided from three locations (see site list) and include family life education, life problems counseling and parenting education services. Geographic restrictions apply for some services.</p> <p>The agency provides anger management, individual, conjoint, family, and group counseling for people of all ages. The focus of treatment may be on a wide variety of concerns including pre-marital issues, marital problems, family communication, parent-child conflict, adjustments of childhood or adolescence, life crises or transitions, and interpersonal difficulties like anxiety or depression.</p>
LANGUAGES OTHER THAN ENGLISH	Spanish
APPLICATION PROCEDURE	Call for information or an appointment.
HOURS	Monday through Thursday, 9:00am to 9:00pm.
FEES/PAYMENT SOURCE	Fees are based on a sliding scale and range from \$5 to \$100; private insurance is accepted. No one is turned away because of the inability to pay.

## **Psychiatric Central Intake/Assessment**

### **CHARTER BEHAVIORAL HEALTH SYSTEM OF SOUTHERN CALIFORNIA/CHARTER OAK**

1161 E. Covina Blvd.  
Covina, CA 91724

(800) 654-2673

Service/Intake and Hotline (1-800-654-COPE, 24 hrs)

PROGRAM/ELIGIBILITY	This is an acute psychiatric facility which provides inpatient and day treatment for people of all ages who have a mental or emotional disturbance, inpatient substance abuse treatment for adolescents and adults, a 24-hour mobile psychiatric emergency service; a 24-hour crisis intervention telephone line, and a community education program. There are no geographic restrictions.
LANGUAGES OTHER THAN ENGLISH	Spanish
APPLICATION PROCEDURE	Call to apply.
HOURS	The office is staffed Monday through Sunday, 8:30am to 8:30pm. Services are available Monday through Sunday, 24 hours a day.
FEES/PAYMENT SOURCE	There are fixed fees for services; Medicare and private insurance are accepted.

### **L A COUNTY MENTAL HEALTH ARCADIA MENTAL HEALTH CENTER**

330 E. Live Oak Ave.  
Arcadia, CA 91006

(626) 821-5858

Service/Intake

PROGRAM/ELIGIBILITY	The clinic provides outpatient mental health crisis evaluation, assessment, and intervention services for adults ages 18 and older in the San Gabriel Valley who have a major psychiatric disorder and/or severe functional impairment and who are experiencing a psychiatric emergency. These services are provided through a crisis evaluation and assessment team and a psychiatric mobile response team. The clinic also offers case management and psychosocial rehabilitation services for people who meet the same criteria but are not necessarily experiencing a psychiatric emergency. In addition, staff provide psychotherapy and counseling, case management, and supportive services at this site for adults who have been discharged from state, county, and county-contract psychiatric hospitals to help them make the transition back to the community and prevent re-hospitalization. The geographical area served by this office includes Alhambra, Altadena, Arcadia, Azusa, Baldwin Park, Covina, Diamond Bar, Duarte, El Monte, Glendora, Irwindale, La Puente, Monrovia, Monterey Park, Pasadena, Rosemead, San Dimas, San Gabriel, Sierra Madre, South El Monte, South San Gabriel, South Pasadena, Temple City, Walnut, and West Covina.
LANGUAGES OTHER THAN ENGLISH	Farsi, Hindi, Mandarin, Spanish, Taiwanese, Vietnamese
APPLICATION PROCEDURE	Call for information or to request service. Anyone may walk in for emergency crisis intervention services. After hours calls related to psychiatric emergencies roll over to a centralized PMRT post.
HOURS	The clinic is staffed Monday through Friday, 8:00am to 5:00pm; evening services Monday through Friday, 5:00pm to 9:00pm, by appointment only.
FEES/PAYMENT SOURCE	Fees are on a sliding scale; Medi-Cal and private insurance are accepted.

## **TRI-CITY MENTAL HEALTH CENTER – ADMINISTRATION**

### **Tri-City Mental Health Center – Service Site**

2008 N. Garey Ave.

Pomona, CA 91767

(909) 623-6131      Service/Intake

PROGRAM/ELIGIBILITY	The agency provides a variety of mental health outpatient services for people of all ages who live in Claremont, La Verne or Pomona. Services include adolescent/youth counseling, counseling for dual diagnosis, general counseling services, in-person crisis intervention, mental health evaluation, parenting skills development, psychiatric case management, psychiatric day treatment, psychiatric disorder counseling, a psychiatric mobile response team, and support groups for bereaved individuals. There are no geographic restrictions.
LANGUAGES OTHER THAN ENGLISH	Spanish; counseling, psychiatric evaluations and day treatment are available in some Asian languages.
APPLICATION PROCEDURE	Call or walk in for crisis intervention services, for information about day treatment or for an appointment. Counseling clients are given psychological testing.
HOURS	Monday and Thursday, 8:30am to 9:00pm; Tuesday and Wednesday, 8:30am to 6:00pm and Friday, 8:30am to 5:00pm. The crisis team is available at the facility Monday through Thursday, 8:30am to 9:00pm; it is on call for emergency response after-hours, and Friday through Sunday, 24 hours per day.  The day treatment program operates services Monday through Thursday, 9:00am to 2:30pm, and Friday, 9:00am to 12:00 noon.
FEES/PAYMENT SOURCE	Fees are set on a sliding scale. Medi-Cal, Medicare and private insurance are accepted.

## **Sexual Assault Counseling**

### **EAST VALLEY COMMUNITY HEALTH CENTER**

420 S. Glendora Ave.

West Covina, CA 91790

(626) 919-3402      Service/Intake

PROGRAM/ELIGIBILITY	The center provides counseling for people of all ages who live, primarily, in the East San Gabriel Valley. Services include individual, family, and group counseling for a variety of issues like premarital concerns, marital conflict, divorce, family communication, parent-child problems, child or spouse abuse, sexual assault including incest, grief or depression. Counselors may utilize play therapy with younger children; the focus of current groups varies with client need. The agency does not provide counseling for people whose primary problem is alcohol or drug abuse. There are no geographic restrictions.
LANGUAGES OTHER THAN ENGLISH	Spanish
APPLICATION PROCEDURE	Call to apply; an appointment is required.
HOURS	Monday through Thursday, 8:30am to 7:00pm; Friday, 9:00am to 2:00pm. Call for an appointment or for information about walk-in services. Some services are available on Saturday by appointment.
FEES/PAYMENT SOURCE	There are fixed fees for services; fees are cash based. Screening is \$5 followed by an initial intake which is \$15; fees are based on a sliding scale starting at \$10 to \$65.

**FAMILY CENTER, THE – COVINA**

560 S. San Jose Ave.

Covina, CA 91723

(626) 967-5103

Service/Intake

**PROGRAM/ELIGIBILITY**

The center provides counseling, education and support services for individuals and families. Services include counseling for people who have been affected by, or at risk of child abuse either physical or sexual; sexual abuse prevention programs; parent support groups; rape counseling; counseling for victims of crimes; crisis counseling; general counseling for individuals, couples, children and adolescents, and families who are experiencing a variety of other concerns. Additional services that are available depending on clients needs include treatment modality or combination of modalities; in-home counseling, respite care, subsidized child care and case management services; substance abuse treatment programs; child sexual abuse prevention programs are available on request. The program cannot assist people who are chronically and severely mentally ill. The center serves the San Gabriel Valley including Pomona, Whittier and its surrounding areas.

**LANGUAGES OTHER THAN ENGLISH**

Hindu, Japanese, Mandarin, Spanish

**APPLICATION PROCEDURE**

Call for information or to schedule an appointment. Counseling services are by appointment; however, people who are in crisis may receive brief phone attention immediately. There may be a waiting period for some services. Intake appointments are scheduled at any of the three offices.

**HOURS**

Monday through Friday, 9:00am to 5:00pm. An answering service is available for messages when staff are not available; in emergencies on-call staff will be contacted. Counseling services are provided during regular office hours as well as evenings and Saturdays.

**FEES/PAYMENT SOURCE**

Most fees are on a sliding scale based on family size and income. The fees for child abuse-related services range from \$0 to \$90; individual, conjoint, or family counseling range from \$25 to \$90; general counseling services range from \$25 to \$90; group counseling, \$15 to \$42. Waivers and adjustments are sometimes granted. If funds for subsidies are exhausted, the fees are \$25 to \$90 per session. Individuals who qualify for the State of California's Victims of Crime program will have their fees paid by the State. Private insurance is also accepted.

**PROJECT SISTER SEXUAL ASSAULT CRISIS AND PREVENTION SERVICES**

P.O. Box 1390

Claremont, CA 91711

(909) 626-4357

Hotline/Talkline/Warmline (909-626-HELP, 24hrs)

(626) 966-4155

Hotline/Talkline/Warmline (24hrs)

**PROGRAM/ELIGIBILITY**

The agency provides sexual assault and sexual abuse services for people of all ages in East San Gabriel Valley, Pomona Valley and the West end of San Bernardino County. Services include accompaniment, a 24-hotline, crisis intervention, mutual support groups, prevention services, sexual assault/abuse counseling, and volunteer recruitment and training. There are no geographic restrictions.

Staff meet survivors of sexual assault or sexual abuse and their families at hospital emergency rooms to offer information and support during the physical examination and may also provide accompaniment to the court or police station.

Hotline staff provide immediate telephone crisis support and information. The counselors can advise callers on medical treatment; evidence collection; follow-up care, STD's, or pregnancy; and how to use the criminal justice system to help prosecute the assailant. Referrals to additional resources are also available.

**LANGUAGES OTHER THAN ENGLISH**

Spanish; Hotline also provides service in Cantonese, Hindi, Mandarin and Vietnamese.

**APPLICATION PROCEDURE**

Call the hotline or office for service; call to apply for other services.

**HOURS**

Monday through Friday, 8:00am to 5:00pm; the hotline operates Monday through Sunday, 24 hours per day.

**FEES/PAYMENT SOURCE**

Counseling services and support groups are set on a sliding scale; no one is turned away due to inability to pay. The fee for the self defense course is usually \$10 per person; assistance is provided for low-income people. All other services are free.



## **Suicide Counseling**

### **DIDI HIRSCH COMMUNITY MENTAL HEALTH CENTER**

4760 Sepulveda Blvd.

Culver City, CA 90230

(310) 390-6612      Service/Intake and Administration

PROGRAM/ELIGIBILITY	<p>The program provides mental health services for people of all ages in Los Angeles County. Services include crisis intervention, short-term individual and group counseling, psychiatric services, psychiatric day treatment, and suicide prevention. There are no geographic restrictions.</p> <p>The program provides telephone and in-person crisis intervention, assessment and referral services for people of all ages who are experiencing an emotional or mental health crisis. Services include assessment, counseling and, where necessary, arrangements for further psychiatric evaluation or hospitalization.</p>
LANGUAGES OTHER THAN ENGLISH	Spanish
APPLICATION PROCEDURES	Call or walk in for service or an appointment; appointments are required for most services.
HOURS	Monday through Thursday, 8:30am to 5:00pm; evening appointments are available. The suicide prevention hotline operates Monday through Sunday, 24 hours per day.
FEES/PAYMENT SOURCE	There are no fees for the suicide prevention hotline. Fees for others services are set on a sliding scale. All types of insurance are accepted.

### **PEPPERDINE UNIVERSITY PSYCHOLOGICAL AND EDUCATIONAL CLINIC**

400 Corporate Pointe, Ste. 458

Culver City, CA 90230

(310) 568-5752      Service/Intake and Administration

PROGRAM/ELIGIBILITY	<p>The clinic provides life problems counseling, psychological assessment and special education assessment services for people of all ages. Services are targeted, but not restricted, to low-income people. The clinic does not provide crisis or emergency services and cannot accommodate people who have chronic or severe mental illness. There are no geographic restrictions.</p> <p>Conjoint, family, group and individual counseling are provided for people who want support to cope with problems or stresses in their lives. Therapy plans are individualized and focus on client's needs; they may include different counseling approaches and may include any of the following life problem counseling areas: adolescent/youth, anger management, bereavement, child guidance, crime victim, disability, divorce, employment transition, family violence, adult incest survivor, child abuse, parent abuse, spousal abuse, gambling, gender identity, geriatric, health problems, marriage, over-spender, parent, premarital, sexual assault, sexual orientation, sexuality, suicide and terminal illness counseling. Group sessions are therapist-facilitated and include topics such as depression and relationships.</p>
LANGUAGES OTHER THAN ENGLISH	None
APPLICATION PROCEDURE	Call for an appointment; appointments are required. Following an initial telephone screening, clients will be assigned to a therapist for an intake session to develop a personal therapy plan.
HOURS	Services are provided Monday through Friday, 9:00am to 7:30pm. Intake appointments are provided Monday through Friday, 9:00am to 6:00pm.
FEES/PAYMENT SOURCE	The clinic charges a \$25 intake fee for the required intake session. Fees for individual sessions are based on a sliding scale which ranges from \$15 to \$90; the fee for groups is \$10 per session. Fees for psychological and special education assessment services are based on a sliding scale of \$15 to \$90 until a total of \$250 in services have been accrued; thereafter, additional assessment services are provided at no cost. Private insurance is also accepted.

## **Suicide Prevention Hotlines**

### **DIDI HIRSCH COMMUNITY MENTAL HEALTH CENTER**

4760 Sepulveda Blvd.

Culver City, CA 90230

(877) 727-4747

Hotline/Talkline/Warmline (877-CRISIS Toll Free)

(800) 850-8078

Hotline/Talkline/Warmline (Gay/Lesbian Suicide Hotline – 24 hours)

#### **PROGRAM/ELIGIBILITY**

The program provides mental health services for people of all ages in Los Angeles County. Services include crisis intervention, short-term individual and group counseling, psychiatric services, psychiatric day treatment, and suicide prevention. Services are provided at six locations. There are no geographic restrictions.

The Suicide Prevention Center provides telephone crisis intervention and referral services for people of all ages who are experiencing an emotional crisis which may lead to self-destructive behavior. It also provides a national 24-hour gay, lesbian and bisexual suicide prevention hotline for youth and adults to age 25. The center also provides supportive services for significant others of people who have committed suicide; the program is primarily for adults whose loss occurred at least two months in the past.

#### **LANGUAGES OTHER THAN ENGLISH**

Spanish

#### **APPLICATION PROCEDURES**

Call or walk in for service or an appointment; appointments are required for most services.

#### **HOURS**

Monday through Thursday, 8:30am to 5:00pm; evening appointments are available. The suicide prevention hotline operates Monday through Sunday, 24 hours per day.

#### **FEES/PAYMENT SOURCE**

There are no fees for the suicide prevention hotline. Fees for others services are set on a sliding scale. All types of insurance are accepted.